



Dear Parents, Students and Staff

Recently I asked staff why they liked working at SFX and you will find some of their responses below. Research tells us that the best way to improve the results of a school is to improve the quality of the teaching and learning. It is interesting to note that many of the things that the staff said about why they love SFX relate to things that have a direct impact on the quality of the teaching and learning in the school. Things I love about SFX:

- Opportunities to grow professionally, emotionally and spiritually
- Working with those wonderful people who have the 'big picture in mind' – they are always altruistic and not looking for personal gain.
- The students
- The support staff who work so tirelessly and expertly for the College
- The compassion shown to staff and students who are doing it tough
- The sense of community
- The helpful and thoughtful nature of the students
- The way the staff work together/collaborate
- The fact that I'm challenged to improve
- Watching young people grow and mature from Years 7 to 12
- We allow everyone to be valuable contributors
- The fact that I have a real 'heart' connection with SFX
- The willingness of the Executive team to listen to those at the coalface
- The wonderful Year Coordinators and Counsellors
- State of the art facilities and wonderful resources
- SFX is a place of cohesive inclusivity
- That we give a 'hand up' not just a 'handout'
- Being able to make a difference in the lives of the young and the not so young!



Best wishes, Angus M Tulley



Sport Report

By Samantha Stevens

At the end of last term, we held our school Cross Country carnival at Stromlo Forest Park. It was a great day out with several SFX students competing. The students ran exceptionally well on the day, with a large number qualifying for the North Region carnival that will be held in Week 5. Well done to all competitors!

On Thursday 27th April, Mr Brad McCallum and Mr Luke Taber took our 7/8 and 9/10 boys teams to the ACT Basketball gala day. Both teams had a great day out. Both teams won their respective competitions and were crowned as the ACT champions. The boys played with great sportsmanship and showed some fantastic skills throughout the day. Well done to **Ben Mitchell, Charlie Mellick and Ryan Clark**, who were awarded Most Valuable Player points for the day in the 9/10 competition and to **Cooper Loughhead, Ralph Quizon** and **Josh Carter** who were the point winners for the 7/8's. Well done to all!

On Wednesday 2nd May, the College Boys AFL went out to Kippax Ovals to play in the AFL Competition. SFX came up against Lake Tuggeranong in the first round. Lake only had 11 players, so

in the spirit of the game, 2 of our players volunteered to join their team. SFX started off well scoring a few quick goals and continued in that form for the rest of the game, where they won quite convincingly. The second round saw us up against a combination of Lake Ginninderra and Hawker, who we knew were going to be very strong. We started off the scoring with 2 behinds, but the first 3 attempts by Lake G were spot on, scoring 3 quick goals. Our boys tried to keep up with scoring however, Lake were unfortunately just too good for SFX. Dickson College were out last game and our boys came out hard and strong and dominated the scoring. Dickson tried to fight back, however SFX were just too far in front. Overall the boys played well, they were supportive of one another by sharing the ball and positions around.

Special mentions from the day must go to **Will McInnes** for his initiative to take on the role of captain/coach for team and did an amazing job. **Jack McIntyre** for his spirit and team inspiration chats. **Joey Kenna** for his contribution to the team's overall effort. And to all the boys who across the day put in 100 percent and played the best they could.

Also on Wednesday 2nd May, I took 8 students to the ACT Swimming Championships. The students, **Ashlea Korble, Alys Holdom, Bianca Russell, Joda Robinson-Gonzalez, Natalia Gray, Holli Mulcek, Julia Bruce** and **Ruben Collins** had a great day out, swam some quick times and represented the College wonderfully. Well done to all!

Congratulations Lily and Mia Medway who have made the ACT gymnastics team. The girls will compete in Melbourne in May and we wish them all the best!

A reminder that if your child has accomplished any sporting achievements that you would like recognised in the newsletter, please email me the details at samantha.stevens@sfx.act.edu.au.



STEM, Samsung and UC

This term students in Year 7 STEM, Year 11 and Year 12 Physics have been given the incredible opportunity to work in partnership with the University of Canberra and Samsung to explore how Samsung technologies such as smartphones, Virtual Reality (VR) headsets and 360° cameras can help them engage in STEM learning. Samsung and UC have kindly donated some of these technologies to the school and students will be exploring them through their learning.

So far, Year 12 Physics students have taken the devices to Luna Park to help them study the rotational and linear motion they experience while on the rides, and Year 7 STEM students have used VR headsets to get an immersive tour of the International Space Station, as if they were right up there with the astronauts and cosmonauts!

Over the coming weeks, students will be planning even more uses for the devices, including trying to capture a 360° tour of the school using the camera along with the Sphero robots they have been learning to use in class. They will also be recording their experience and making videos to present to

dignitaries, including Education Minister Senator the Hon Simon Birmingham, at Parliament House in June.

Makerspace

With the start of the new term came the opening of our College's Makerspace in the Resource Centre. The Makerspace is a place where students can come and experience a wide range of activities with the motto "Think, Make, Create" and a goal of developing their science, technology engineering and mathematics (STEM) skills of problem solving and critical thinking. Students can interact with 3D printers to turn their ideas into physical objects, play music using just a drawing on paper or control a computer with playdough using a Makey Makey, create programmable builds using Arduinos, and that's just to name a few! They can also pull apart old technology to see how it works, and donations of any old technology are very welcome.



The Makerspace is a part of our growing focus in STEM at the school, as well as our contribution to the worldwide Maker movement which aims to change the disposable culture we have developed as a society by teaching young people that the technology they interact with every day is something they can understand and fix, not just a mystery box that they throw away and replace when it breaks.

The Makerspace is open Monday, Wednesday and Friday at recess and all students are welcome to attend. Students can come in to see what it's all about, join us for just one session or work in the space throughout the year on short or long term projects.

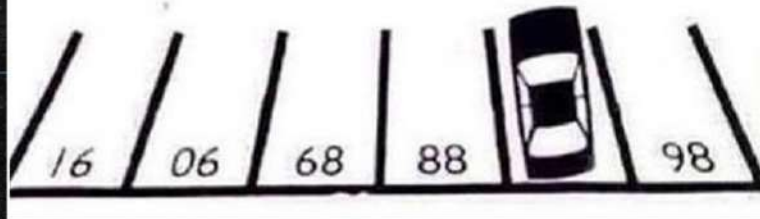


Raising the profile of Numeracy@SFX

Around the College on various electronic screens and windows can be seen numeracy based jokes and puns. These 'Fun & Num-sense@SFX' pictures are intended to raise the profile of numeracy across the College in a fun and non-threatening way.

The Numeracy Team is working to ensure teachers have a shared language for Numeracy teaching and to remind teachers that they are all teachers of Numeracy.

What number is this car
parked in?



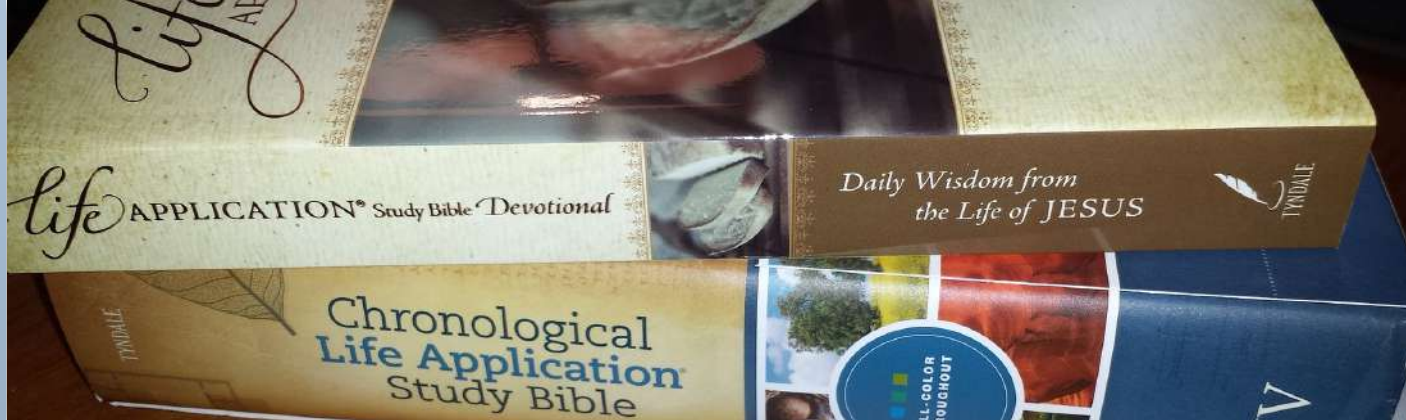
Non-Government Schools Funding

NEW DATE: Thursday 25th May, 2017. We invite all those interested in school funding to join us for Andrew's presentation on the outcomes of the Economic Study & ACT Budget outcomes. Andrew has an incredible amount of knowledge of how this complex system works (or doesn't work) in the non- government sector.

Presenter: Andrew Wrigley - Executive Director of AISACT.
Date: Thursday 25th May, 2017 (Term 2, Week 5)
Time: 7pm-8pm
Venue: Weston Community Hub

If you would like to join us to hear this important information please

RSVP to Linda: executiveofficer@apfacts.org.au



Year 12 RE Seminar

By Katie Golding

What can I learn from the church about relationships and sexuality? And how are the church teachings on “being human” relevant in helping me be my best self in relationships?

On the 3rd of May, Students in year 12 from Saint Francis Xavier College engaged in a Seminar about Human Sexuality and the Ethics of the body where these questions were addressed, examined and discussed. The students were given an opportunity to listen to the personal experiences of Kate Freeman and Steve Proud and the valuable insight of Fr John Woods about the Christian Perspective on Human Sexuality. After a short pizza break everyone engaged in gendered talks by Anna Johnstone and Steve Proud and there was a positive response from both groups.

Anna’s talk addressed the topic of fertility and how important it is to understand and value your own body in a relationship.

“I think it was relevant and interesting as Anna raised topics that girls don’t necessarily know a lot about, so it was really great to listen and ask any questions we had.” -Zoe Swan.

The boys participated in a seminar by Steve Proud where he talked about the importance of being confident in faith and personal abilities.

“I think Steve Proud was able to resonate with the boys through his personal testimony along with his strong talk about how men shield themselves from certain topics in modern society. I think his talk was inspiring to hear and was easy to relate parts to my own life.” - Lachlan Bull.

Small group discussions, facilitated by College Leaders and members of the Catholic Community encouraged exploration of the themes presented. A highlight of the afternoon was the Q and A panel with the invited guests. Prior to this the students composed any question they had about the Catholic Church and the topics raised during the seminar. This time allowed the students with the opportunity to have their tough questions answered directly, and generated great discussion. Feedback suggested that the Q and A could have continued for longer.

Overall, the Seminar gave students personal insight and appreciation for their own creation and the chance to hear Church teaching on relevant and tough topics.



Action Bus Transport

Students living in Scullin and Page may be interested to know that Action bus 14 runs each morning from Belconnen interchange through Page then Scullin and stops at the Bus stop opposite SFX on Kingsford Smith Drive at about 08:15.



Shakespeare Festival, April 3- 7, 2017

By Megan Wyche

During Week 10 of Term 1, students and staff of St Francis Xavier college celebrated Elizabethan lifestyle and culture and the literary works of William

Shakespeare. The inaugural SFXC *Shakespeare Festival* was the result of months of planning and preparation and saw staff and students enjoy a huge range of activities and take part in many learning opportunities.

The festival was split into two parts – class work and extracurricular. During class time, years 10 and 11 English students took part in workshops run by the *Bell Shakespeare* company. These workshops closely complemented the student's study and reading of the plays, Merchant of Venice and Macbeth. Dance, Music and drama students in years 9-11 also took part in a variety of different workshops.

Each day at lunch time, a huge variety of activities were run. These activities reflected different aspects of the Elizabethan culture; their purpose was to allow students to experience what life may have been like during William Shakespeare's time. Thursday at lunchtime saw a



finale theatre performance in which drama, music and dance students displayed their work from the Bell Shakespeare workshops.

Some of the lunchtime activities on offer included:

Photo booth (with green screen displaying famous Shakespearean scenes)

Careers booth – students were invited to learn more about the jobs and careers during Elizabethan times

Life Drawing – student models were dressed in outfits reminiscent of Elizabethan times and other staff and students took the opportunity to draw

Trebuchet competition – Students worked in groups of 3-4 to make a trebuchet, strong enough to fling a tennis ball across the college oval.

Medieval feast – a delicious and mouth-watering range of foods that were reminiscent of the times of William Shakespeare and his peers.

Prior to the week, the college ran four competitions, in set/costume design, music development, film and creative writing. Teachers judged these competitions and awards were given to the winners at the college assembly, early in Term 2.

Finally, the college staff and students had the opportunity to dress in Elizabethan outfits on Thursday, April 6. What a response! Over 45 staff dressed up and the students loved seeing their teachers embrace the celebrations. A special thanks to the college P & F who made a very generous financial contribution! To the many staff (and students) who assisted in running events, erecting posters, making costumes and more – a BIG thankyou – an event of this size could not have been possible without your generous time and efforts.





Mother's Day Reflection

By Anne Armstrong

Mother's Day gives us an opportunity to celebrate our mothers, whether they are with us or now part of the communion of saints in Heaven. This week, I share with you some beautiful reflections written by 13 of our Year 9s for the recent Memory Jar task. Students could write about any significant person in their lives who represented Jesus to them. The reflections here reveal how significant mothers and grandmothers are in the lives of these students.

Thank you to Year 9 students for your honesty, integrity and capacity to integrate Scripture into your reflections. Thank you to Year 9 teachers for your encouragement and support of your students.

MOTHER'S DAY

Every time I get scared, stressed, confused or even sad, my mum has always been there for me. She's always been there to comfort me through thick and thin. Every time these kinds of situations happen, my mum sits me down and asks **"Has there been a tornado? Has there been a cyclone? Do you have your arms? Do you have your legs? Then you must be ok."** This question has gotten me through some dark times. When my mum isn't there, I ask this question in my head. It allows me to clear my thoughts and keep going.

Anonymous

Dear Grandma,

I remember when I came to stay with you and Pa. A couple of days into my stay with you I caught a gastro bug from Ruby and I became ill. You looked after me, putting me to bed and making me toast, even though you were struggling to get around on your walker. You brought me an empty purple ice cream container if I needed to be sick again and then put an old bell next to my bed so that if I needed help during the night, you could come and be by my side. You comforted me and hugged me when I was feeling horrible and didn't seem to care if you caught the bug. You only cared that I was okay. When I look back on this memory I see how much you love me because you sacrificed your time and energy to care for me

Love Emma

My Grandma holds a very special place in my heart. For most of my life, Grandma has been suffering from Parkinson's Disease. Because of this debilitating disease, I haven't been able to do the things with Grandma that a lot of other grandmothers do with their grandkids. Instead, I treasure the trips to Harbison to see her, the family get togethers and the times that I go and stay with Grandma and Pa. Grandma has helped me grow into the person I am today by constantly showing me how to be strong, resilient and how to persevere through hardships.

Emma Langeveld

My grandmother is the most inspiring and beautiful woman I have ever met. She battled breast and skin cancer.



She has never said a nasty word about anyone even if they have done wrong against her. A second reason is that her love and caring state of mind is what makes her stand out, whenever I go to her house I get greeted with,

‘How was your day?’ Even though she is often in pain, she sacrifices her time to make me afternoon tea which could be just a couple of sandwiches but it’s the love and affection she puts into those sandwiches. I worry about her being on her own because, what if she needs help, as she is quite fragile having been battered around by radiation and chemotherapy?

Nathaniel McJannet

My mum is very important to me in so many ways. I don’t know how I would survive without her, if my mum didn’t treat me how she does and if she was never there for me when I needed it. But she is and she always has been; every time I get knocked down, she helps me up. Every time I argue with her, I apologise and she forgives me, no matter how much of a pain I am to her when I get home or when she gets home, she still cares for me just the same way, sometimes even more.

Rhien Finlayson

I loved it when we used to listen to the “Mamma Mia” soundtrack and sing at the top of our lungs.

I loved it when you’d come to all my soccer and futsal games and watch me play and to support me. Also, whenever I got injured you were always there with an ice pack and a warm hug.

I loved it when we used to get milkshakes every Wednesday and I blew bubbles in the milk and you would tell me off.

Rebecca Levi

My mother is always there for me, I go to the mall and go shopping with her and she always asks me if there is anything I need for school or for home, before asking anyone else. My Mum loves me as I make her laugh and I help her with things such as housework or with groceries. She sacrifices her own time by helping other people such as aged care and is such a loving person.

Jorge Zamora

I remember when you bought us kayaks and my sister was scared to go into the deep water with them so you helped her feel more comfortable by going in with her. Even though this wasn’t for me, I still remember it because my sister felt safe. By doing this you showed call to action because my sister was scared and you made her feel braver

Martin Hoskin

I remember when I was younger I’d always cry over knowing that my father was dead. You always told me that if I kept him in my heart, I could never feel like I had lost something because I’d have my own way of feeling his presence. This helped me a lot, and his death is not something that we talk about anymore. I think now that it was selfish of me to bring him up all the time because ultimately you were the one who had lost something and yet you comforted me when I should have comforted you instead. You also told me not to dwell in the past all the time.

Matthew 6:34 “So do not worry about tomorrow; for tomorrow, will care for itself. Each day has enough trouble of its own”.



Anonymous

My mum is my biggest inspiration in my life and has always been there for me, through whatever I might have had going on. She is one of the most selfless people I know. This memory jar task, has reminded me just how much of a selfless and caring person my mother is. She is always giving things up for other people, no questions asked and is always looking out for people and doesn't wish for anything in return.

Monique Swan

Years ago, my Mum warned me one morning to not stand on the edge of the rocks next time we went to the coast. At first I was confused about why she brought this up so suddenly, but later I realised that she had a nightmare that night of me falling off the rocks. I then realised my Mum was just looking out for me.

Stephanie Bray

My mum doorknocked for Red Cross and my brother and I would help her walking around our street to see if anyone wanted to donate. We loved doing this because we loved being able to help other people.

Jessica Cassidy

Mum is so important to me but words will never describe how important. It may seem like sometimes that isn't true because of my actions and words sometimes, but I truly do love her. My Mum has helped me grow as a person as she teaches me life lessons by either going over her experiences or others' experiences.

When I was in, I think year 5, my family and I were on holiday in Merimbula. We went to a theme park called Magic Mountain and there was this roller-coaster there that I wanted to go on. Since I was tiny, I wasn't allowed to go on alone, so my Mum had to come on with me because she knew I wanted to go on it, even though she has a bad back.

Taleisha Wilesmith

My Grandma loved me and taught me life lessons. She was the only one that I could trust with anything. She was always there for me. She helped me with everything, anytime, anywhere and made me feel like I was loved and cared for.

Sadly I had to leave my grandmother 2 years ago when I came to Australia and she went to London with my uncle. We both cried and hugged each other. It felt like I lost a piece of my heart- my heart was broken.

Saneel Thapa

The Catholic Church has some beautiful intercessory prayers which can be said on Mothers' Day. These prayers capture the global experience of motherhood for all us, mothers, children, partners, friends.

For our mothers, who have given us life and love, that we may show them reverence and love, we pray to the Lord.

For mothers who have lost a child through death, that their faith may give them hope, and their family and friends support and console them, we pray to the Lord.

For mothers who have died, that God may bring them into the joy of his kingdom, we pray to the Lord.



TUGGERANONG ARTS CENTRE

Messengers CLASSES



Contact Messengers:
Penny 6293 2212
Kelsey 0456 859 252
Messengers@tuggeranongarts.com
Tuggeranongarts.com

The Messengers Program is an arts based early intervention program for young people disengaging or at risk of disengaging from school and their community due to mental health issues and a range of other challenges. The Program teaches young people creative skills across a range of artistic mediums, including visual arts, performing arts and digital and cross-art forms. Operating across the ACT, the program employs professional artists, support workers and peer mentors, who encourage and support young participants to approach and resolve their challenges .

Supported by



Drumming @ Calwell High

Tuesdays, 11.30 am – 12.30 pm, commencing 9 May.
Learn beats and rhythms in a group drum circle.

Visual Art @ Tuggeranong Arts Centre

Tuesdays, 9.00 am – 11.00 am
Tuesdays, 1.00 pm - 3.00 pm
Painting, sculpture, drawing, papier mache, digital art & more.

Sculpture @ Belconnen Community Service

Wednesdays, 9.00 am – 11.00 am
Sculpture, drawing, painting, graffiti, cosplay & more.

Drumming @ Civic Youth Centre

Wednesdays, 2.00 pm – 3.00 pm
Group drumming fosters positive self esteem.

Multi-Arts @ Belconnen Youth Centre

Thursdays, 9.00 am – 11.30 am
Try drumming, painting & sculpture and more.

Drumming @ Harrison School

Thursdays, 2.00 pm – 3.00 pm
Our group drumming sessions are fun, exiting & loud.

Street Art @ Kingsford Smith

Thursdays, 2.00 pm – 3.00 pm
Learn how to use spray paint to create works of art.

Graffiti Art @ Civic Youth Centre

Fridays, 1.00 pm – 2.00 pm, commencing 5 May.
Learn design, stencil, line work, fills & spraying techniques.



Term 2, 2017
26 April - 30 June



Bungee Youth Resilience Program



Bungee is a resilience building program available for children and young people aged 5 – 18 that promotes emotional well-being through the arts. The program supports participants to partake in activities designed to enhance well-being and social and emotional health. Bungee offers a suite of art based programs both in schools and community settings, as well as individual counselling and therapeutic support.

Bungee after school classes support participants to take part in activities designed to enhance well-being and social and emotional health. Bungee offers a supportive environment that encourages participants to socially connect with others while developing artistic skills. Bungee classes operate across the ACT in Belconnen, Kippax and Tuggeranong and are facilitated in a small, safe and supportive group setting.

Term two 2017

Expressive Art , ages 7 – 11 <i>Tuesdays 3:30pm – 5:00pm</i> 2nd May – 27th June Belconnen Community Centre	Acting Up , youth drama, ages 8 – 14 <i>Tuesdays 3:30pm – 5:00pm</i> 2nd May – 27th June Belconnen Community Centre	Exploring Drawing , ages 12 – 18 <i>Thursdays 4:00pm – 5:30pm</i> 4th May – 29th June Belconnen Community Centre
Made By Me , adolescent girls group, ages 12 - 14 <i>Tuesdays 3:30pm – 5:00pm</i> 2nd May – 27th June BCS Kippax	Identity and Art , ages 7 – 11 <i>Wednesdays 3:30pm – 5:00pm</i> 3rd May – 28th June Tuggeranong Child and Family Centre	Acting Up , youth drama, ages 8 - 14 <i>Fridays 3:30pm – 5:00pm</i> 5th May – 23rd June Tuggeranong Child and Family Centre

Cost and duration: All programs are free of charge and offered during the school term. Enrolment is for one term and groups are limited to eight participants. Please note an intake interview with the parents/ caregivers is required to discuss program suitability.

Information and enrolment: 6264 0200 or email bungee@bcsact.com.au.



Contact:
02 6264 0200
Belconnen Community Centre
Swanson Court, Belconnen

bungee@bcsact.com.au
<http://www.bcsact.com.au>
@BCSACT /BCSACT