

#### Dear Parents, Students and Staff

It has been a busy couple of weeks. The Year 7 and 9 students have sat their NAPLAN tests and it has also been the enrolment period which has involved Information Nights, Expo Day and even an 'Experience SFX Day' for Year 6 students who don't attend Belconnen Catholic primary schools.

As usual the students and exstudents stole the show at the Information nights. Our students are proud of their school, articulate and confident, without being 'overconfident'. The students told their stories of coming to SFX from a range of schools, Catholic and government, city and country. They all spoke of how quickly they settled into SFX and how welcoming they found the community.

At the Year 11 2017 evening Luke Magyar (Year 12 2014) spoke of studying his Bachelor of Engineering in Research and Development degree at ANU and how pleased he was with the preparation he received at SFX. I was particularly pleased to hear him mention the fact that he learnt 'soft skills' at school and it is these skills that have made all the difference in his university studies. 'Soft skills', according to Luke, include: the ability to communicate, to work as part of a team, leadership, organisational skills, and time management'.

The 'soft skills' are an intrinsic part of what we do at SFX. They are crucial to many areas of the curriculum and are paramount in the extra experiences that students receive at this school. They can easily be identified in our Leadership structures, the Personal **Development and Christian Values** program, Mentoring programs and Clubs in which students participate. The 20 students (above) who attended the Duke of Edinburgh Adventure journey to Cockatoo Island last weekend would have had the opportunity to develop many of aforementioned skills.

I often mention that 'it takes a village to raise a child' and perhaps I need to also emphasise that the learning students receive in this 'village' is much more than what happens in the classrooms and school building.

#### Enrolments

Every year we have parents who unfortunately miss the deadlines in terms of enrolment applications.

- Applications for students starting Year 7 2017 are due by this Friday 20 May.
- Year 11 2017 applications for students not presently in Year 10 at SFX are also due by Friday 20 May.
- Students in Year 10 at SFX need to have their letters of intention to the College by Friday 24 June.

Best wishes, Angus M Tulley Principal



## Student Wellbeing

**Dear Parents and Carers** 

This link is to a great article on how family dinners are directly related to building resilience. Although frequent/ regular meal times can be a challenge for families, the article also says: *According to Martine, the most important thing to focus on when building resilience is "being together."* It is a quick read and may be relevant to your family.

#### Essential Kids Article

The Essential Kids website contains a range of advice, activities, and further links.



Cathy Barry Acting Assistant Principal Student Wellbeing

# CATHOLIC PARTNERS IN AUSTRALIA'S SCHOOLS FUTURE

# More than 765,000 students attend 1,731 Catholic schools across Australia



# Find out more at SchoolFundingFacts.com

Source: Australian Government Department of Education and Training. Authorised by Ross Fox, National Catholic Education Commission, Level 3, 156 Gloucester St, Sydney





## Sport Report

The recent wet weather unfortunately put a dampener on our College Cross Country Carnival, however we had a number of runners representing our school at the Northside carnival on Tuesday. They did a great job representing SFX, and ran well in very windy conditions.

We've had a busy week with the College Touch Football, Cross Country and Futsal out throughout the week. On Friday we have the Girls' 7/8 and 9/10 Oztag teams out. I look forward to reporting on these events in our next newsletter.

Congratulations to the boys **College AFL** team who made it through to the Finals Day on 13 May at Reid oval. Mr Tom Nolan coached them both for the GWS Giants Cup and again at the Finals. Mr Nolan said the boys played superbly in the first and second quarter - he couldn't fault them! The boys were able to hold off a late comeback and managed to win the day 65-53. A great effort from our Senior boys.



The **Girls' U15s AFL** team competed at the Gala Day in Deakin on 4 May. They came out firing, wining 74- 2 against St Mary MacKillop. They lost in a nail biter against St Clare's in the final. Most valuable player was **Brianna Johnson**, closely followed by **Samantha Rubino** and **Brittany Thomas**. Well done to all the girls for a huge effort on such a windy day.

Congratulations to **Savanah O'Donnell (Year 9, pictured left)** and her ACT Softball team who came away from the SSSA National Championships in Melbourne with Bronze! The girls had a great week of competition and enjoyed playing together as a team. This is a huge accomplishment for the ACT and SFX. Well done Savanah.

**Jeb Smith (Year 7)** has been successful in being selected to represent the ACT in the Junior Brumbies U13's team, in Drummoyne this coming June long weekend. This is Jeb's second year representing the ACT in Rugby. He will be playing in the second row. We wish you the best of luck Jeb and we look forward to hearing the results!

**Jack Mitchell (Year 8)** has been selected in the Canberra team to play at the Junior League Baseball Championships in Adelaide from 21-26 May. Congratulations on your selection Jack, we look forward to updating the community with your results upon your return.



The **NSW/ACT Youth Girls' AFL** Representative team (left) have claimed the Division Two National Youth Girls Championship title after defeating South Australia by 65 points at Punt Road Oval last week. Well done to **Natasha McKay, Maggie Gorham (both Year 9)** and **Zoe Allen (Year 11)**. The Under 18s Girls' team defeated the Woomeras in the first round and after one day off, NSW/ACT continued their strong campaign with a 54-point victory over NT Thunder on day four of the Championships. The girls came up against a competitive South Australia team in the finals, and managed to come away on top winning the competition with no loses. Well done girls!



Meanwhile at the ALAC Athletics Championships, Dillon Manning, Meg Freeman, Hannah Manning, Charlotte Rauraa and Jeremy Maranan all achieved personal bests in their events. The ACT team also achieved their goal of winning the Small State Trophy. Well done!

Keep the sporting news coming to <a>Fleur.Greaney@sfx.act.edu.au</a>

Fleur Greaney Sports Coordinator

# FEAST OF PENTECOST

Lord, send out your Spirit and renew the face of the earth. Psalm 103:1.

This week we celebrate the 125<sup>th</sup> anniversary of the release of the great encyclical Rerum Novarum written by Pope Pius 13<sup>th</sup> in 1891. It was a landmark document which was the birth of Catholic Social Justice Teaching in the modern world. It is still very relevant today with its emphasis on the rights and dignity of workers and the rights and responsibilities of employers to their employees. Our Year 10s have just completed their study of this great document and it has been refreshing to see their ability to make relevant and meaningful connections between Rerum Novarum and labour conditions in today's world through their assessment task.

We also celebrated the feast of Pentecost, a feast we share in common with our Jewish brothers and sisters. According to Jewish tradition, Pentecost commemorates God's giving of the Ten Commandments at Mount Sinai, 49 days after the Exodus. In Biblical Palestine the grain harvest lasted seven weeks and was a season of gladness (Jer. v. 24; Deut. xvi. 9; Isa. ix. 2). It began with the harvesting of the barley during the Passover and ended with the harvesting of the wheat at Pentecost, the wheat being the last cereal to ripen. Pentecost was the concluding festival of the grain harvest. Hellenistic Jews gave it the name Pentecost ("fiftieth day").

In the Christian tradition, Pentecost is the celebration of the Feast of the Holy Spirit empowering a very frightened group of disciples to begin their mission of spreading the Good News of Jesus. Essentially it is the birthday of the Christian Church. and affirms us as people in the Body of Christ who share spiritual gifts which are to be used for the good of God's people.

Many people wonder about the words 'soul' and 'spirit' and question the difference between them. The soul and the spirit are connected, but separable (<u>Hebrews 4:12</u>). The soul is the essence of humanity's being; it is who we are. The spirit is the aspect of our humanity that connects with God.

The soul always refers to the whole person. Whenever the word "soul" is used, it can refer to the whole person, whether physically alive or in the afterlife. Thus we retain our identity even after death. Walter M Miller (sometimes inaccurately ascribed to C. S. Lewis) said "You don't have a soul. You are a soul. You have a body."

The words "soul" and "spirit" are found throughout the Bible, each occurring hundreds of times in the Old and New Testaments. The Hebrew word translated "soul" means a breathing creature, one in which life is present, whether physical life or mental life. The Greek word in the New Testament is similar. In its most basic sense, the word "soul" means "life", either physical or eternal. Both Old and New Testaments reiterate that we are to love God completely, with the whole "soul" which refers to everything that is in us that makes us alive (Deuteronomy 6:4-5; Mark 12:30).

While the two words are often used interchangeably, the primary distinction between soul and spirit, in a person, is that the soul is the animate life, or the seat of the senses, desires, affections, and appetites. The spirit is that part of us that connects to God through these senses, desires, affections and appetites (<u>http://</u><u>www.compellingtruth.org/difference-soul-spirit.html</u>). The spirit makes our soul sing. What makes your soul sing?

Consider how the spirit animates us and breathes life into us and our world today.

It was the spirit that animated Pope Leo 13<sup>th</sup> to consider the rights and needs of workers and to issue the Encyclical Rerum Novarum - a message which still resonates today.

It was the spirit that animated Dorothy Day, inspired by Rerum Novarum, to begin the Catholic Worker Movement and support the rights of workers and the unemployed.

It was the spirit that animated Pope John 23rd to call the Second Vatican Council.

It was the spirit that breathed life into Catholicism through the Charismatic movement in the late 60s, beginning in Ann Arbour, Michigan.

It is the spirit that empowers our students to witness to their faith, as many of them did so beautifully last week at Information Nights and Open Day.

It is the spirit which motivates our teachers to be passionate about educating their students.

It is the spirit which leads us into the loving arms of God, calling us to rest in his loving presence.

Jarek Ferenc encouraged our school community to enter into this loving presence last Friday, with his beautiful Friday reflection based on Fr Michael Fallon's homily.

Whatever ugliness there is in our world, it is on the surface. The real power that is pulsing through the universe is the power of love: the love of God's Holy Spirit.

Imagine the world as a huge room on which the sun of God's love is always shining. When we sin, we pull down the blind and draw the curtains, plunging our lives into darkness. In the dark, we stumble, and we hurt ourselves and one another; we are lost and insecure, and we do ugly things. But we do not stop the sun shining.

Pentecost reminds us that the Spirit of God's love is there. Our challenge is to lift the blind and open the curtains and welcome God's presence.

As we enter the season of Pentecost, let us be open to God's presence and renew our relationship with the Creator. This prayer, written by Jarek, may inspire you.

#### Loving Jesus,

Your gentle breath of life continues to renew and transform the earth. Fill our hearts with your Spirit's power and kindle in us the fire of your love.

We make this prayer in the name of the Father and of the Son and of the Holy Spirit. Amen.

"Come, Holy Spirit; fill the hearts of your faithful and kindle in them the fire of your love."





Anne Armstrong (Religious Education Coordinator) & Jarek Ferenc (Spirituality & Liturgy Coordinator)

# Careers at SFX

Open Days for Universities and CITs across the country are all about to start happening in a big way! Parents of and students in Years 10, 11 and 12 are encouraged to go the <u>CALENDAR OF EVENTS</u> and sign up for email notifications from Universities and other institutions that you are interested in.

It is not too early for Year 10s. Attending will provide wonderful opportunities to explore what is available and help with the Pathway Planning Day that is coming up early in Term 3.

Students can also check the walls outside the VET and Careers for posters advertising open days and try a day events etc.



Bernadette Bradley VET & Careers Coordinator

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# **Community Announcements**



Transport for NSW

### Want to know more?

For more information visit **transportnsw.info**/ school-students or call **131 500** 

For help in your language, call the Translating and Interpreting Service (TIS) on **131 450**.

يحكك الاتصال يخدمة الترجمة الشغيبة والخطية (TIS) على الرقم 131 للحصرل على المساعدة بلنتك، 如果您需要中文帮助,您可以拨打笔译和传译服务 Translating and Interpreting Services (TIS)的电话 131 450.

Appelez le Service de traduction et d'interprétation ou TIS (Translating & Interpreting Services) au 131 450 pour demander de l'assistance dans votre langue. Um Hilfe in Ihrer Sprache zu erhalten, rufen Sie den Übersetzer- und Dolmetscherdienst unter 131 450 an. Για βοήθεια στα ελληνικά, καλέστε τις υπηρεσίες μετάφρασης και διερμηνείας (TIS) στο 131 450.

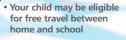
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한국어로 도움을 원하시면, 통번역 서비스 (TIS) 131 450 번으로 전화하십시오. Para obtener más información en español, llame al Servicio de traducción e interpretación (Translating and Interpreting Services), al 131 450.

ang interpreting Services), al 131 450. Muốn được giúp đỡ bằng tiếng Việt, quý vị gọi cho Dịch vụ Thông Phiên dịch (TIS) qua số 131 450.

rrect as of April 2016. Printed on recycled pape

## 2016/17 Rural and regional School Travel Passes



After 12 May 2016 you need to apply online for school travel passes

Visit transportnsw.info/school-students

These	6 May 2016
brochures	
are	Dear Principal,
	We are aware that you may have students at your school who are NSW residents and may be eligible for free home to school travel under the Transport for NSW School Student Transport Scheme (SSTS).
available	Please find enclosed brochures for distribution to parents, guardians and students regarding the new online
at SFX	application process for the Transport for NSW SSTS.
Reception	You no longer need to stock and distribute SSTS application forms (also known as the blue form). All applications are now online, as detailed in the brochures.
I	Please distribute the brochures and remind parents, guardians and students about the online application process. Schools now need to endorse only a single application for each student's eligible address, further reducing paperwork.
	If you would like more brochures, or have any questions, please email us at <u>concessions@transport.nsw.gov.au</u>
	Yours sincerely,
	The Concessions Team



ComfortDelGro Cabcharge Pty Ltd ABN 84002072004 Phone 02 8889 7000 Fax 02 8889 7009 Address 29 Foundry Road, Seven Hills NSW 2147 Post PO Box 2147, North Parramatta NSW 1750 Web www.cdcbus.com.au

Friday, May 06, 2016

Angus M Tulley St Francis Xavier Barnard Cct Florey ACT 2615

To Mr Tulley,

#### Changes to applying for a School Student Transport Scheme Travel Pass

This letter is to advise that there will be changes to the way that parents/guardians apply for bus travel on the Qcity Transit and Transborder Express School Services. From Thursday, May 12 2016 applications are to be completed online at: <a href="http://www.transportnsw.info/school-students">www.transportnsw.info/school-students</a>

Once a parent/guardian has completed the form online they will be required to print off the application form and take to the student's school for validation. Schools will then be required to send the application to Transport for NSW (TfNSW). Application forms can no longer be processed by Qcity Transit or Transborder Express. An email will be sent from TfNSW to the parent/guardian once the application has been received.

If a parent/guardian has any issues completing the application form online they can contact Qcity Transit or alternatively TfNSW on 131 500. For any enquiries about eligibility please contact TfNSW.

School bus passes will still be issued by Qcity Transit and Transborder Express and will continue to be sent to the school for distribution.

For any enquiries regarding school bus timetable information parents/guardians are still required to contact Qcity Transit on 6299 3722 (option 1).

TfNSW will contact your school in the near future regarding this change of process.

We are aware that this change in process will present challenges during its implementation, please do not hesitate to contact us if we can be of any assistance to you during the implementation process.

It would be much appreciated if this information could be included in the next school newsletter.

Yours Sincerely

Rosemarie Irving School Student Transport Scheme Officer Qcity Transit



 Telephone (02) 6299 3722

 11 Bass Street (PO Box 6066)

 Queanbeyan NSW 2620

 Facsimile (02) 6299 3828

 info@qcitytransit.com.au

 www.qcitytransit.com.au

 NSW ACC 9499 | ACT ACC ACTBS003TC/RR



 Telephone (02) 6299 3722

 11 Bass Street (PO Box 6066)

 Queanbeyan NSW 2620

 Facsimile (02) 6299 3828

 info@transborder.com.au

 www.transborder.com.au

 NSW ACC 9499
 ACT ACC ACTBS003TC/RR



Fifth Gear Motoring is happy to again be working with St Francis of Xavier, P&F Committee to offer SFX students a fantastic opportunity to participate in a fun, informative and worthwhile educational experience

Places will fill quickly for the following dates: - Please book early to avoid disappointment 10<sup>th</sup> April, 2016 & 14<sup>th</sup> August 2016

The course runs from 9.00am to 4.30pm in the students OWN vehicle. The course covers a wide range of skills and awareness techniques, and is run at Sutton Rd Driver Training Centre, (just outside of Queanbeyan)

- Reducing risk
- Braking (systems and techniques) 0
- Reaction time exercises 0
- Emergency response exercises 0
- Wet weather driving/skid avoidance
  - (on a purpose built skid pan)
- Driver attitude
- o Road law
- Defensive driving techniques 0
- Legal obligations 0
- Vehicle technology and safety (Morning/afternoon tea and catered lunch provided)

### \$85.00 - Limited places

Normally \$275.00, this course is heavily subsidised for SFX students by both SFX Parents & Friends committee (as a parent lead initiative) and Fifth Gear Motoring.

#### Past comment from SFX student:

"The course was a lot of fun, the instructors were great, they knew what they were talking about and they didn't sugar coat anything. Everything that they said was straight up.'

*Fifth Gear Motoring also provides [L] Plate Driving Lessons and Advanced Driver Training.* www.fifthgear.com.au office 0466 460 911

PERMISSION	SLIP

please return by 01 <sup>st</sup> April, for the 10 <sup>th</sup> April 2016 course	
and by the $4^{tn}$ August, for the $14^{tn}$ August 2016 course	

Permission slip and payment must be placed in an envelope to the School Fees Box located at the student office.

I ..... give permission for ..... to attend the Fifth Gear Motoring Defensive Driving Course on \_\_\_\_\_\_ (please enter date) ] I understand that my son/daughter will need to provide their own vehicle for use on the course. ] I understand school staff will not be present. ] I understand that cancellations made within 7 days of the course date will forfeit their \$85.00 payment. The school accepts the following methods of payment (please circle your payment option) CASH CHEQUE (made out to St Francis Xavier College) CREDIT CARD (please fill in details below) MASTERCARD Card Type (please circle) VISA OTHER Name on Card ..... Expiry \_\_/\_\_ \$\_\_\_\_ Card Holders Signature .....

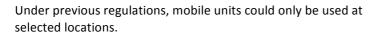
Association of Parents and Friends of ACT Schools Inc.

## A P FACTS www.apfacts.org.au

Voice of non-government school parents in the ACT

#### Canberra's mobile speed camera network expanded

Did you know that the mobile speed camera vans can now be used in school zones?





We are sure parents are very mindful of driver safety around our schools. Perhaps these additional speed camera vans might serve as a reminder.

#### The Child, Youth & Family Gateway

www.thegateway.org.au

The Child, Youth & Family Gateway is a service for children, young people and families who are looking for help with the tough stuff, but are not sure where to go.

They have links to all kinds of programs & services that can support people to have the best chance to stay on track in their lives.

They'll work with you from there to link you to the right sort of support, when you need it.

Contact Gateway on free call number 1800 647 831. Phone lines open Monday - Friday (9am - 5pm)

The Gateway is a partnership between <u>Barnardos</u>, <u>Belconnen Community Service</u>, <u>Woden</u> <u>Community Service</u>, <u>YWCA Canberra</u> and the <u>ACT Government</u>.

We are always keen to hear from you, Contact: Linda Fleming 02 6287 3538 or send us an email at Executive.officer@apfacts.org.au

10.5.2016

P0 Box 4034, Weston ACT 2611 (02) 6287 3538 Association of Parents and Friends of ACT Schools Inc. www.apfacts.org.au www.facebook.com/apfacts

Workshops

## New 10 Week Short Film Workshop To Give One on One Training

May 2, 2016



A new Short Film workshop program from Sanguineti Media is now taking registrations. The 10 Week One on One Workshop will provide a guided program to write, shoot and edit a short film that is ready for submission to film festivals.

During the One on One program, the workshop attendee will receive 6 weekly private lessons from experienced filmmaker, Dan Sanguineti, to develop and write a short film. Four additional weeks will be

allocated for filming and editing of the short film, ready for festival submission.

Topics covered in each week include, script development, storyboarding, scheduling, and producing.

This workshop is ideal for any budding filmmakers aspiring to further their skills and receive instruction on successful strategies to ensure their film shoot runs smoothly. Filmmakers will be guided through the entire production process, and will emerge from the workshop, with a completed 5-7 minute short film. The completed film will be submitted to a select number of festivals on behalf of the attendee.

Sanguineti Media will provide the necessary film equipment needed, assist with sourcing a volunteer cast and crew, as well as allowing edit suite time. A discount is available for group registrations.

Students in Yr 11 and above, University students and Adults keen to discover new skills are encouraged to register at any time before September 30th 2016.

For more information or to register, follow this link >> Filmmaker One on One





# 2016 National Excellence in Teaching Awards (NEiTA) Nominations open: 18 April 2016

Do you know any outstanding educators at your **early learning centre**, **primary or secondary school** or in your **community**? Why not nominate them for an ASG National Excellence in Teaching Award.

Nominate online at asg.com.au/nominate To request a promotional kit visit asg.com.au/neita For general enquiries call **1800 624 487** 

Nominations close: 31 July 2016



