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## **REFLECTIONS ON TERM 3**

By Colleen Rowe, Acting Principal

This will be my last newsletter item as Principal, as Angus returns to us in Term 4.

I am very pleased to be handing back the reins to our wonderful leader and have an even greater admiration for him in the role: a job he does so well!

One of the joys of acting in the role has been my involvement in the recent interviews conducted for teachers who applied for various positions at the college. One of the first questions the panel asks the applicant is why they want to work at SFX.

The answers have been very consistent, yet humbling in being so affirming of our staff and our great school. The candidates speak of opportunities and innovation in their teaching area, of the collegial and supportive staff, the school's effective leadership and that they just hear, 'it's a great place to work'.

The other interviews I have conducted have been for families hoping to gain a place for their child at SFX. These conversations too, give us lovely feedback about the various reasons why families choose to send their children to SFX. This year we had so many enrolment applications for Year 7, 2018 that the Catholic Education Office has allowed us to add another Year 7 class.

Jennifer Madgwick, the Principal's EA (also our enrolment secretary) had daily phone calls from parents imploring us to find a place for their child. There were screams of joy when Jen was able to ring parents to let them know of the additional class and the offer of a place for Year 7, 2018.

Of course, all is not perfect in a school community the size of SFX and we have areas where we need to focus our energy and make improvements. The recent email survey of our community highlighted some of these areas and has given very useful feedback for us to act on.

So, I look forward to continuing to work with Angus and my colleagues on the Leadership Team in our journey to improve outcomes for students as we Live the Truth, Lead with Courage and Learn for Life.

Please keep Angus and all the Staff in your prayers



Director of the CEO Ross Fox meets with students on 15 September, 2017

#### **Prayer for a Principal**

**Dear Lord** Leadership in a school community is a true vocation A principal guides, informs, transforms and influences. Grant our principals an abundance of your wisdom To help shape the minds of our students To help inspire the hearts of our teachers Give them grace as they work with our community Equip them with truth and courage to speak with clarity, honesty and fairness In order to shape a community focussed on you Encourage them to teach with vision to help shape the future Empower them to teach with love to help shape the world.

#### **Amen**

# St Francis Xavier College celebrates 40 fabulous years





By Donella Johnston

We're inviting every current and former student and their parents, every current and former teacher and other staff members plus everyone else in the local community who's ever had a connection to St Francis Xavier College to celebrate with us on the 4th of November.

SFX Fest is a family friendly festival which will be a rare chance to catch up with old friends and teachers and kick back and enjoy a huge range of entertainment from home-grown bands like Signs and Symbols and Repeat Offenders, art and sports activities like tree weaving and vortex throwing, a jumping castle for the littlies, awesome face painting, pop up food stalls and much, much more.

SFX FEST, to be held on Saturday 4 November 11 am - 4 pm, is open to current and former students and their parents, teachers and other staff members and other members of the community with a past or present connection to the school.

In the evening, from 6.30 pm, the College will host a Cocktail Catch-up at Ainslie Football and Social Club. Former students and staff are invited to come along for drinks, canapés, entertainment, and to meet and mingle with old friends.

Tickets for both events are available from Eventbrite! Don't delay!



**SFX Fest:** https://www.eventbrite.com.au/e/sfx-fest-tickets-37232574633 **Cocktail Catch-Up:** https://www.eventbrite.com.au/e/sfx-cocktail-catch-up-tickets-37510566113

For more information phone 02 6258 1055 or email school.office@sfx.act.edu.au You can also follow SFX on social media: StFrancisXavierCollege on Facebook and @SFXFlorey on Instagram and Twitter. #SFXFest #SFXFlorey



#### By Anne Armstrong

The great medieval mystic, Hildegard of Bingen once referred to herself as *A Feather on the Breath of God*. This image inspired her to compose an album of early medieval plainchant sacred vocal music written in the 12th century. She explained the significance of the feather imagery in a short narrative - Listen: there was once a king sitting on his throne. Around him stood great and wonderfully beautiful columns ornamented with ivory, bearing the banners of the king with great honour. Then it pleased the king to raise a small feather from the ground and he commanded it to fly. The feather flew, not because of anything in itself but because the air bore it along. Thus am I "A feather on the breath of God."

Such exquisite imagery challenges each of us to consider and deepen our relationship with the God of hope who walks with us on daily basis. We are called to place the weight of our anxiety on God's shoulders, be freed from fear to be free to love God.

In the Christian tradition, hope is considered one of the greatest virtues. It is directly opposed to despair, which is traditionally one of the seven deadly sins, because despair denies the possibility of God's power. Faith, Hope, and Charity are called the theological virtues because they relate immediately to God. Hildegard of Bingen expresses in her writing a profound theological understanding of the hope that sings us into presence of God.

Both our Year 9 and 10 RE classes have also been exploring the hope expressed in the Good News of Jesus. Year 9s have submitted some amazing art work exploring their understanding of the Jesus revealed in the Gospels: The Jesus who, in Luke 4:18, proclaims "The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor.

He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free." This is the Good News of hope. This week, Year 9s will investigate the work of Catholic Mission, exploring how it brings the Good News of Jesus to various communities. They will participate in a presentation by Cathy Ransom, Director of Catholic Mission in the Archdiocese of Canberra Goulburn and conclude their immersion by researching the various volunteering opportunities offered by this worthy organisation.

Year 10s have been investigating what it means to be people of compassion and mercy towards marginalised and needy people in our society. They have researched the experiences of groups such as the homeless, veterans, those living with disabilities, mental health issues, including addictions; and those experiencing domestic violence and racism. Students have explored Biblical teaching, Church teaching from the Catechism, Papal Encyclicals and Bishops' statements which call us to minister to others and provide hope in their challenging circumstances. The final part of their investigation was to create a practical proposal to minister to their focus group. Part of the investigation was to present their findings to a small group of their peers and discuss the practical implementation of their proposal. I have been most impressed with the groups of students I have observed when presenting these short information sessions. They have demonstrated compassion, empathy, depth of research and the capacity to inspire their listeners.



I would like to thank Mateja Kostrika for working with the Year 10s and inspiring them with her process diary from last year and her proposal for working with the elderly in our community. You may have seen Mateja on WIN News recently, putting her proposal into practice.

At the conclusion to their studies this term, Year 10s will be participating in Reach Out Week. On Monday, our Youth Ministers and youth ministry students will be sharing their experiences of bringing the hope of the Gospels to our community. On Wednesday and Friday, Dearne Bassett, Sister Sue and School Counsellors will share with students' opportunities for them to be ministered to in times of need.

On Thursday, Kate Seselja, founder of Project Hope (Helping Other People Every day) will be speaking to Year 10s. Kate is an inspirational speaker. You can find out about this project here https://www.facebook.com/thehopeprojectnow/

I am very proud of the work of our Year 9 and 10 students, and their teachers who have supported them in their research and creative efforts. May they all experience the blessing of hope and reflect on their relationship with God and his community.

Finally, I know many in our community who have been wounded by the insensitive comments, claims and taunts of others in regards to the plebiscite currently being mailed out. The most hopeful words I have seen on this issue are from Bishop Vincent Long Nguyen of the Parramatta Diocese. Last week Bishop Long wrote a Pastoral Letter to his community. I strongly encourage you to read it and discuss it with your family and loved ones. For me, the most moving passage of the letter was Bishop Long's vision of the church as "the house for all peoples, a church where there is less an experience of exclusion but more an encounter of radical love, inclusiveness and solidarity. As a community of disciples, we seek to accommodate, accompany and care for one another irrespective of sexual orientation, marital status and situation."

You can read the full version here https://catholicoutlook.org/bishop-vincents-pastoral-letter-sex-marriage-postal-survey/



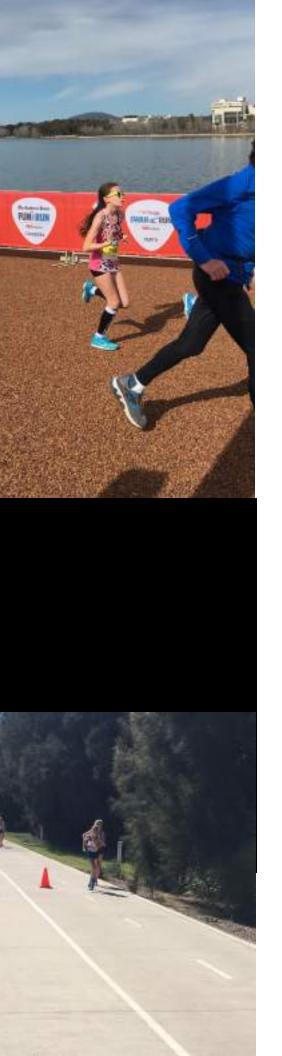


#### By Samantha Stevens

On Monday August 21, the 7/8 Boys Soccer team travelled to Dickson to compete in the Northside carnival. Despite the cold windy weather the boys were very keen to play. Right from the start the senior coaches had made good use of the players we had in an interesting formation to defeat Belconnen High School 6 - 0. Our winning form continued with wins against Amaroo (4-0), Lyneham (1-0) and Emmaus (3-0). This streak put us on top of our group table and through to the finals. We had a hard-fought win against Canberra HS in the quarter finals, winning 3-2, before dominating Daramalan in the semi-finals 2-0. The final game of the day was up against JPC and despite the boy's spirit, their quick run of games was quickly catching up with them in this match and unfortunately, we went down 3-0 in the end. The boys fought a great fight all day and played some excellent football. MVP was shared between our two keepers, Finn O'Brien and Miles Petrunia, who both made some stellar saves and kept a clean sheet in almost all games. The team now moves on to the next round against the top two teams from Southside.

On the same day, Mrs Romina Fonhof coached the 7/8 Girls Soccer team. The girls played extremely well in very cold conditions and the whole team showed great sportsmanship. Well done to Eloise Wilson, Abbie Bailey and Jemima Lum, who were all awarded with MVP points for the day and a big thank you to Bailee Crowe who did an excellent job as the senior coach for the day.

On Wednesday 23rd August, Mrs Michelle James coached the 7/8 Girls Netball team at the ACT Championships. The girls played very well throughout the day, especially considering they played every team twice. They won all 6 of their round games convincingly, making it through the semi-finals and into the grand final. In the grand final SFX managed to beat St Clare's in a convincing victory 26-6. Well done to Ellie Bishop, Maddie Bailey, Charlotte Rauraa and Favour Lokudu who all were awarded MVP points for the days. Well done, girls!



Also on the 23rd of August, for the first time at SFX, the Boys Year 7-10 netball team played in the ACT Men's Netball carnival at Lyneham. The team lost one of their rounds against Alfred Deakin, but showed a high level of talent and made it through to the grand final where they met with Alfred Deakin again. After a very close grand final game the boys won the event taking away the ACT Championship for 2017. Well done to all players, particularly to Joseph Bishop, Benjamin Mitchell and Zane Kendall who picked up the MVP points on the day.

On Wednesday 6th September, Mr Luke Potter and Ms Anna White coached four teams at the Girls Cricket Gala day.

The 7/8 teams were extremely enthusiastic throughout the day. Everyone played with great team spirit and competed extremely well throughout all games. All girls enjoyed the day and demonstrated good sportsmanship. Congratulations to Jessica Galeano, Ashlyn Walters and Bella Hiskins who all picked up MVP points for the day. Well done, girls!

The 9/10 Girls cricket was held on the same day. The weather topped a balmy 8 degrees, perfect conditions for cricket. There were two teams entered and both did extremely well and played in great spirit. The Year 9 team had wins over Stromlo High, Trinity and the dreaded Bye. They lost a close one to the Year 10 SFX team and also St Clare's College. The Year 10 team had wins over Gold Creek, SFX Year 9, Mackillop and Belconnen high. A big thank you to Rhys Hansen and Andy Meyer-Coyte for helping out on the day.

On Thursday 7th September Mr Tom Klekner coached the 9/10 Boys' soccer team at the Northside carnival. The team played exceptionally well, winning all games comfortably (even the penalty shootout!) without conceding a goal until the final minute of the grand final. The boys will now compete in the ACT finals. Congratulations to Matt Hambleton, Jake Bishop and Nick Subasic who were awarded MVP points for the day and to Andrew McKay who was recognised for his great sportsmanship.

On the same day, Ms Anna White coached the 9/10 Girls Soccer team at the Northside carnival. The girls played very well throughout the day, making it through to the quarter-finals round. Unfortunately, they lost and did not progress any further. Well done to Ruby Giampaolo, Leah Brown and Angelina Lovrinovic who all were nominated for MVP points on the day. Great work, girls!

In other sporting news from across the College...

On Friday 1st September afternoon Maximus Monaghan was a recipient of the AIS Local Sporting Champions Award held at the offices of the Hon Andrew Leigh MP, Member for Fenner. The award recognized his outstanding achievements across multiple sporting disciplines during 2017. Well done to Max on this fantastic achievement!

Well done to Nikola Anastasi who has been selected to be a member of the School Sport U12 ACT Tennis Bruce Cup team. She will be playing in Shepparton, Victoria from 14 October -22 October 2017. Good luck, Nikola!

Well done to Leigh McKay (Year 9), Harry Ryan-Baker (Year 8) and Thomas Itter (Year 8) who have been selected in the U14s GWS Giants Academy Squad to travel to Albury to play against other GWS and Sydney Swans AFL academy squads. The squad is a combined Canberra/South Coast/Western Riverina squad so it is a great achievement. Well done also to Angus Chiswell (Year 7) and Max Shadbolt (Year 7) who also made the U13s squad. Well done to the boys and we wish you good luck! Well done to Josh Garrity who has been selected in the U14 ACT Basketball team to compete at the Australian Junior Club Championships in Melbourne, during the October holidays. We wish you good luck at the Championships, Josh!

A reminder that if your child has accomplished any sporting achievements that you would like recognised in the newsletter, please email me the details at samantha.stevens@sfx.act.edu.au.





## Red Cross visits Year 11

By Veronica Murray

The education of our students is a community effort. As the old African proverb says, "it takes a village to raise a child". As part of most units, we endeavour to take students out into the real world on excursions aimed to enlighten and inspire. Failing that, we bring speakers in and this week we had the privilege of having the Red Cross come in to speak to our Year 11 Religious Education students in relation to our Social Justice Unit. The Red Cross volunteers led by Max and Juanita gave an inspiring talk on Asylum Seekers and Refugees and covered their role in international relief. We encourage our students to take the mission of Jesus out into the world as volunteers and to become engaged in the complex processes of finding social justice in our world.

### **Eco Bus Tour**

SFXC hosted the Eco Bus tour on Friday, showcasing sustainability at our school. The event, run by the Environment, Planning and Sustainable Development Directorate saw 40 staff and students from around the ACT attend. The group were led by Derek Romero, SFX Sustainability Captain and Sharae Greenway, sustainability expert. SFX had much to show the students and teachers on the tour, we truly have some exciting initiatives around the







The Year 3 children of St Vincent's Primary School were such a good group of kids, well behaved and knowledgeable. They knew pretty much every answer to every question. Though they may have got a little sidetracked sometimes, they were overall a very disciplined year group. It was a pleasure teaching them about the importance of the Eucharist and hearing the opinions and ideas in receiving the sacrament. We were surprised by how much they knew. Obviously the teachers did a wonderful job teaching the kids before us!

We started off the program with an opening prayer which they all joined in with and then played a game which they were amazing at. We then had meditation; they were all so quiet and obedient. Then we broke into groups and told them about the altar, lectern, chalice, paten etc.

We had little models of them as toys and the children had lots of fun playing with them! Then we laid out photos of what they might feel receiving the sacrament.

They were to choose which one they felt like the most. Most of the children in my group felt hungry and felt like they were just eating something. One child said that she was quite nervous but knew that her friends and family would be there to support her. We concluded the day with 'scissors, paper, rock fan club' followed by a closing prayer. I think we all learned something that day about children and about their understanding of the sacrament of the Eucharist. It was loads of fun and we hope to join St Vincent's again soon!



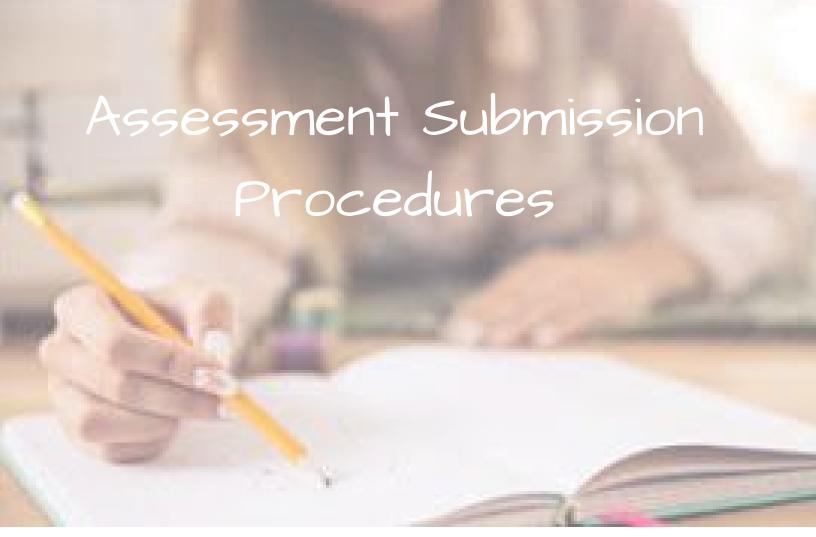
#### By Graham Stock

On Wednesday September 6, students from Y11 and 12 travelled to UNSW ADFA to compete in the Engineering Australia Engineering Games 2017. On the night two teams submitted three entries.

Giuseppe Rover and Helena Padilla entered in both the Enlightened Timer event, where you have to build a mechanism which measures 30 seconds, and Spaghetti Bridge, where you have to build the lightest bridge possible out of spaghetti to hold a metal roadway and wooden cart. Desmond Lee and Michael Brooker also entered into the spaghetti bridge.

Leading up to the event students spent a lot of their time working on and refining their designs, taking advantage of the school's Makerspace to help them build the perfect entry. Both teams' efforts paid off on the night, with Desmond and Michael coming away with second place in their age category for their bridge, and Helena and Giuseppe winning both of their events.

The Engineering Games are an excellent opportunity to meet with engineers from ANU and UNSW, are held every year and are open to all students from 7-12.



By Tracey Loughhead
Acting Assistant Principal Teaching and Learning

We have recently updated our procedures for assessment submission to ensure a more consistent approach across the school. At SFX College all students are expected to complete homework and assessment tasks in all classes. Students who need extra support to complete assessment tasks are encouraged to speak to their classroom teacher or the Studies Coordinator before the date that the task is due.

When a student fails to submit an assignment by the due date they will be encouraged to attend the Resource Centre during lunch or after school to complete the overdue work. The classroom teacher or Studies Coordinator may also offer lunch time support to complete the assessment task and then assess the task based on what has been completed during this time.

If the assessment task is not submitted to the classroom teacher within five days after the due date and appropriate medical certification has not been received, the student will not be able to demonstrate that they have met the Achievement Standards and therefore will receive an E Grade for this task.

We would ask that parents please discuss with your child their responsibilities regarding completion of assessment tasks. Please do not hesitate to contact me at the College if you would like further information about this matter.



#### This month on SchoolTV - Impact of Gambling

Children and teenagers are particularly vulnerable to marketing tactics and this is greatly concerning. Research shows that children as young as 8 are able to easily recall the marketing for sports betting. It is having a major impact on the way in which young people think about the relationship between gambling and sport. The 'normalisation' of sports betting is posing a threat to Australian teenagers.

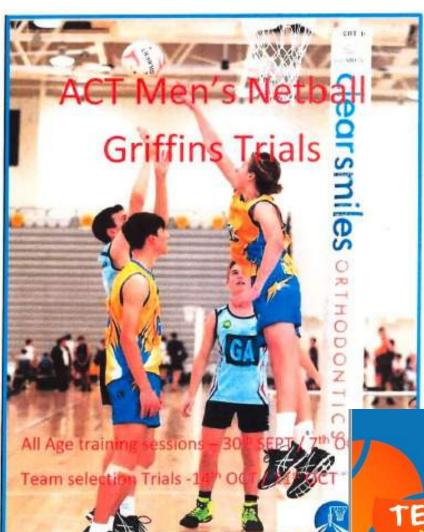
Children are also being inadvertently exposed to simulated gambling and gambling sites through mobile devices. With video games being extremely popular, this has the potential to blur the boundary between video gaming and gambling. Research suggests that more than 40 per cent of young people who have an interest in video games with gambling-like features will also have a preoccupation with gambling or intend to gamble in the future.

A study conducted by the Australian Council for Educational Research, found that up to five per cent of young people in Australia will develop gambling problems before the age of 25.

We hope you take time to reflect on the information offered in this month's edition and we always welcome your feedback.

If you have any concerns about your child, please contact the school counsellor for further information.

To find out more, go to http://sfx.act.schooltv.me/newsletter/gambling



MEN'S NE PowerShots PI



## TENNIS HOLIDAY CAMPS

#### **SPRING 2017**

Wk | Tues 26th-Fri 29th Sept (4 Days) Wk 2 Tues 3rd-Fri 6th Oct (4 Days)

> All Day \$180 per wk @am-5pm Tennis & Chess \$180 per wk @am-5pm Hot Shots Coaching \$140 per wk Bam-Ipm Hot Shots Play \$140 per wk 1-5pm Pee Wee (4-7yr olds) \$90 per wk @11am

ALL CAMPS INCLUDE PROFESSIONAL, CERTIFIED AND ACCREDITED COACHING FOR ALL AGES • FRUIT AND DRINKS **DURING BREAKS • ALL EQUIPMENT PROVIDED** TENNIS AUSTRALIA ENDORSED HOTSHOTS DELIVERERS TENNIS COACHING RAIN, HAIL OR SHINE! PLUS! BALL MACHINE • SPEED SERVE RADAR • LOTS OF PRIZES

#### 8.30AM DROP OFF FOR A 9AM START

3 GREAT VENUES
Gold Creek Country Club, Curran Dr, Nicholls
Weston Creek Tennis Club, Dillon Cl. (Behind McDonald's) Pines Tennis Club, Cnr Norriss St and Goldstein Cres, Chisholm

ENQUIRIES
Email robert@csot.com.au or Call 0432 118 204

BOOK NOW! Visit csot.com.au







#### Wests Magpies Basketball Summer 2017/18 season New Players Welcome!

\* Registrations now open \*

#### All Players 6 – 18 Years Welcome All Skill Levels

As well as being a great way to stay fit, basketball also helps children to make new friends and teaches them how to be good team players. Basketball is played indoors all year round.

If you are interested in joining our fantastic club, email us at <u>wests.basketball@gmail.com</u> or check out our website for more information at <u>www.westsbasketball.com.au</u>

#### Team groupings by year of birth:

- Under 10 girls and boys (born 2009 and later)
- Under 12 girls and boys (born 2007/2008)
- Under 14 girls and boys (born 2005/2006)
- Under 16 girls and boys (born 2003/2004)
- Under 19 girls and boys (born 2000 2002)

wests.basketball@gmail.com

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parenting \*ideas

# insights

## Failure! What a genius idea!

by Michael Grose



EDUCATION/LEARNING

A leading Victorian independent school is actively encouraging its students to fail, which is an absoutely genius idea.

As reported in The Age (28th August 2017), Ivanhoe Girls Grammar School is holding Failure Week to teach students that making mistakes is a crucial part of learning.

Teachers are sharing their personal stories of failure and students from prep to Year 12 are learning challenging activities such as abstract painting, juggling, reciting poetry and dancing. At the end of the week they'll be displaying their new skills in front of each other with the emphasis being on stuff ups rather than perfection.

I suspect for many students making errors, stuffing up and struggling to get things right will feel uncomfortable. But that's the whole point.

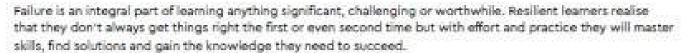
#### Kids need to fail more if they are to succeed

Traditionally, schools and, in recent years, parents have excelled at celebrating student success. "Top marks", "Dux of the school" and "Perfect score!" are the types of aspirations that teachers and parents have for kids.

But to many students academic success means "Don't stuff it up!", "No mistakes please!" and "You've got to get it right!"

It's been widely reported that Australian kids are anxious, perfectionistic and risk averse. They just don't feel comfortable with failure. And who could blame them? We've hidden failure and disappointment from them for far too

long. In recent years there's been a common perception that failure damages people. Unfortunately, this is to the detriment of young people's future success.



As reported in The Age, failure, if handled properly, provides kids with the feedback they need to help them achieve excellence. Yes, kids need positive feedback too ... but only when it's deserved. When we tell a child everything is wonderful when, in fact, his work is mediocre at best, we give him a false sense of achievement.

#### Failure takes bravery

I've long been a fan of encouragement. What I mean by that is parents and teachers focusing their comments on



## parenting \*ideas

the processes (effort, contribution, improvement) of what kids do rather than the outcomes. Encouragement places the locus of control onto the child, which is essential for resilience. That doesn't mean that we avoid giving a child feedback if their work or behaviour isn't up to scratch. By all means, we should inform kids when they need to lift their game, but this feedback needs to be provided respectfully and with sensitivity if we want it to be taken on board.

The real strength of encouragement is hidden in its French derivative, the verb cours: 'to give heart'.

Encouraging teachers and parents to somehow find a way to give their kids the courage to be imperfect. It takes a brave soul to make a mistake sometimes, particularly when others may be watching.

#### Failure needs a supportive environment

It's all very well to encourage kids to have a go but they won't stretch themselves unless mistakes are truly accepted by the people that matter to them. A child won't speak up in class when he's unsure of the answer if he knows his classmates will laugh at his errors. Similarly, if kids are to take more learning and social risks they need to know that mistakes and stuff ups won't be thrown back in their faces at home by parents or siblings.

#### Five simple ways to encourage kids to fail and celebrate errors

- Hodel failure: Next time you break a plate when emptying the dishwasher, avoid negative language ("What a klutz!") or catatrophising ("This is the worst thing ever!). It's a plate. Stuff happens.
- 2. Tell stories of failure: We tend to be nostalgic of the past and tell kids of the good stuff when we talk about our childhoods. But kids love to hear the warts'n'all stories of the difficulties you faced and stuff-ups you made as a kid. It makes you more human and also gives them permission to do the same.
- 3. Encourage them: Develop a vocabulary around effort, improvement, contribution and enjoyment. Be your child's cheerleader but don't avoid giving feedback when necessary.
- 4. Tell and show kids how to improve: Feedback is always best when it has a teaching focus. So next time you pick up a child on their poor schoolwork or untidy bedroom, make sure you remind them how to do it right.
- g. Provide the time to fail and get it right: Modern teachers and parents are time poor. Crowded curricula and busy lifestyles make us less tolerant of failure. But as anyone who has taught a young child to do up his or her shoelaces will know, some things can't be rushed. Time and patience can be your best assets when helping kids to handle learning challenges.



Failure doesn't sit comfortably with many of us, but it's an essential element to success. The idea of a school setting aside a week to encourage their students to fail more may challenge our perceptions of the education process. But it's a very timely, very smart idea that should be adopted and adapted by schools and families everywhere.



#### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change it, and his latest release Spoonfed Generation: How to raise independent children.