

TERM 2 - WINTER IS DUE

Vinnies Canberra/Goulburn Schools Newsletter



Happy Term 2 Everyone!

This term will be busy for our School Engagement Team with Winter Appeal and our DARE Wellbeing Program; we are excited to meet new students and see familiar faces.

These school holiday's our St Joe's Youngies kids attended 3-night Cartoon Camp, this camp could be best described by a quote from Fred Flintstone, "Yabba Dabba Doo"!

In line with our 2023 Mini Vinnies theme of Respect Term 2 delves into Respect for your School Community. In collaboration with our Marketing Team, we are creating a website that will make teacher resources more accessible – we look forward to sharing this website with you in the future. In the meantime, if you would like access to Mini Vinnies Resources, they can be found on our Padlet: <https://padlet.com/vinniesyouth/mini-vinnies-wdrglx3u6a34z820>

Last term we farewelled Matt and this term we welcome Sharkie – Sharkie has worked across Australia and New Zealand in a diverse range of roles, and we are excited for what he brings to our team.

If you would like to book a workshop this year, please contact our team via email on schools.cg@vinnies.org.au

All the best,

Teah

Youth Liaison Officer (School Engagement)
27 April 2023

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St Vincent de Paul Society
CANBERRA/GOULBURN
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Welcome Sharkie

Hey everyone, my name is Sharkie, and I have just joined the Vinnies Youth and Young Adults team. So far, I have loved working on the team and I am really keen to meet you all.

I am originally from Auckland, New Zealand and recently moved to Canberra to start a new chapter. I was living in Darwin for the past year and I have been loving everything Australia has had to offer so far.



I have done a bit of volunteer work with Vinnies in the past while I was living in Auckland working alongside high school Vinnies teams with school projects, so I am keen to bring some of that knowledge and experience into this new environment. I am hoping to encourage young people to take charge of their own leadership and to foster in them aspects of autonomy and self-direction especially in our high school students.

I have a strong passion for equipping young people with skills that encourage them to seek help and to help others of their own volition. This has been a passion for many years but was further grown when working in a Catholic high school in Darwin as a full-time youth minister when supporting young people in different aspects of their journeys whether it be about faith, leadership, managing stress and how to handle friendship and relationships.

I would love to continue to encourage young people on how to manage different aspects of wellbeing whether it be how to manage emotions, stress, relationships or aspects of leadership.

I'm super keen to meet everyone and to share some stories and to hear yours.

Sharkie



The 2023 Vinnies Winter Appeal

This Winter Appeal, Vinnies is focusing on the issue of older women experiencing homelessness. The number of older women experiencing homelessness across Australia has grown rapidly in recent years, and continues to increase, accounting for almost double the growth rate for all people experiencing homelessness in Australia. To read more about this, please refer to our Winter Appeal Schools Kit.

If you plan to donate items towards the Vinnies Winter Appeal please complete the following survey, this will help us coordinate pick up and drop offs of items.

<https://forms.office.com/r/jUkz7KumRV>

If your school would like to participate in the Vinnies Winter Appeal and help people experiencing disadvantage in your community, in Canberra we are asking for the following donations:

- | | | | |
|-----------------|-----------------------------|---------------|---------------------|
| • Gloves | • Scarves | • Toothbrush | • Shaving Foam |
| • Socks | • Blankets | • Toothpaste | • Razor |
| • Jackets | • Supermarket Vouchers | • Soap | • Hairbrush |
| • Jumpers | • Non-Perishable Food Items | • Shampoo | • Moisturizer |
| • Sleeping Mats | • Toiletries Bag | • Conditioner | • Sanitary Products |
| • Sleeping Bags | • Deodorant | • Facewasher | |

If your school is in our Canberra-Goulburn Archdiocese and is outside of Canberra, we would like to encourage you to contact your local Conference in regards to donations, we are happy to assist you with this or contact your local Conference on your behalf.



CEO Sleepout

On 13 April the 2023 Vinnies CEO Sleepout was officially launched at the National Museum of Australia, where the 14th CEO Sleepout in Canberra will be held on 22 June 2023.

The event commenced with 2023 Vinnies CEO Sleepout's official MC and ABC journalist, Adrienne Francis introducing the main speeches by Lucy Hohnen and Ruth Wilson from National Museum of Australia.

In her speech, Lucy Hohnen announced the aim for this year's CEO Sleepout and presented awards to last year's top fundraisers and participants who have been supporting CEO Sleepout for more than 10 years.

Recent figures from the 2021 ABS Census have shown that over 1777 people are experiencing homelessness in the ACT, including 399 young people aged between 12- 24 years. With over 3.3 million Australians living in poverty and over 122,000 experiencing homelessness, many thousands of them children - we need to take action.

This year, Vinnies Canberra/Goulburn aims to raise \$800,000 to support the delivery of its services across ACT and surrounding regions to help break the cycle of poverty and homelessness. 50 participants have already registered, and an anticipated 150 of the region's government, business, and community leaders are expected to sleep out this year on 22 June 2023.

In addition, for the first time, regional communities in the areas of New South Wales, where Vinnies Canberra/ Goulburn operates will have the opportunity to take part on the night and connect to the event at the Museum virtually, with funds raised in those locations going to those in need in those locations.

This year, Vinnies is focusing on breaking the myth that only CEOs can participate in the Sleepout. We are encouraging small business owners and community leaders with the heart to make a difference to join the Sleepout.

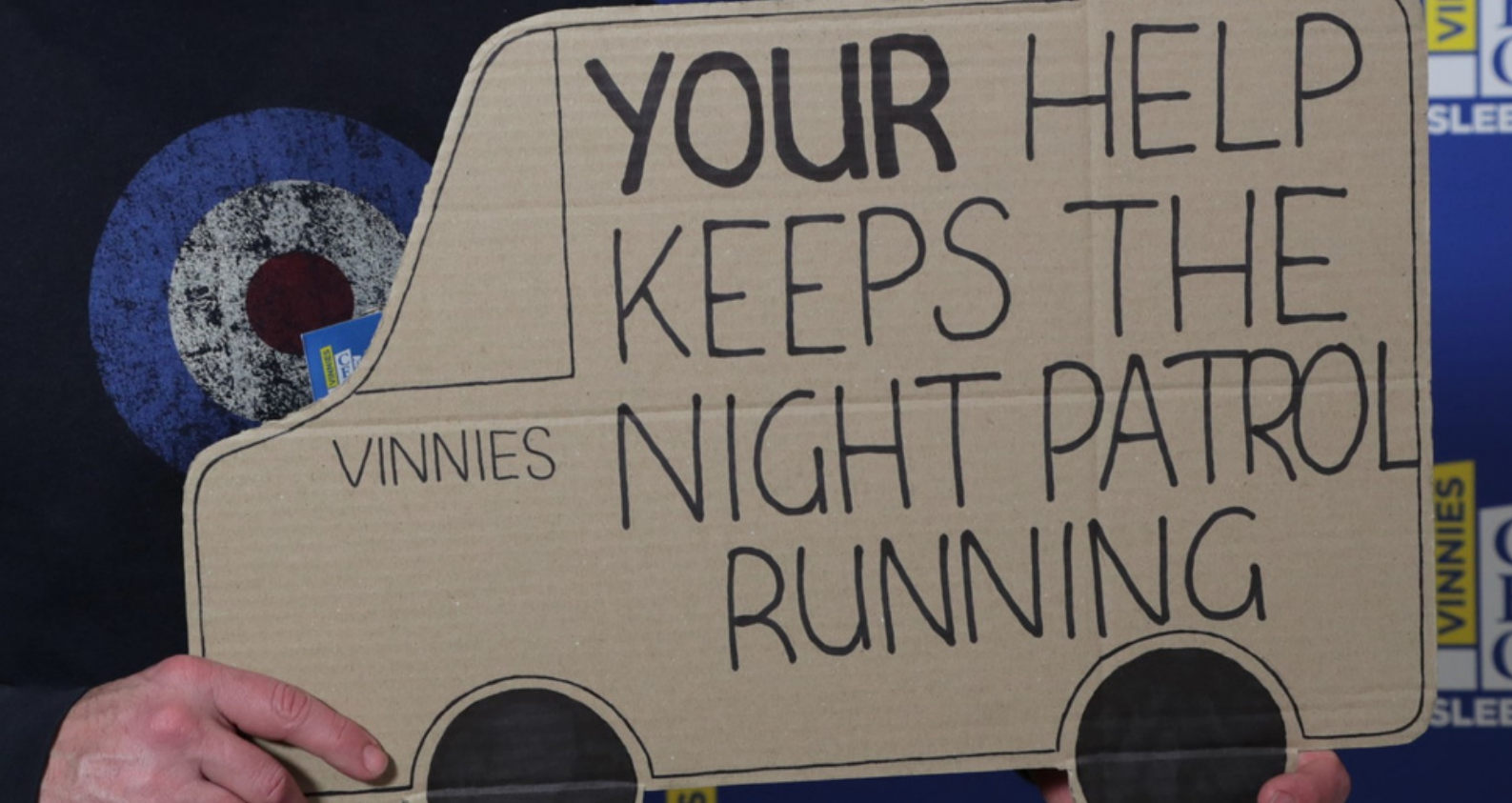
For more information visit our Vinnies CEO Sleepout website: www.ceosleepout.org.au

Elushka Scheumann

Senior Events & Fundraising Coordinator



St Vincent de Paul Society
CANBERRA/GOULBURN
good works



School Sleepouts

School sleepouts are a great way for students and teachers to put themselves in the shoes of those experiencing primary homelessness while also raising money for people experiencing homelessness.

Vinnies supports people experiencing homelessness or at risk of homelessness through, Crisis Accommodation, Outreach, Case Management and Emergency Relief.

The 2021 census revealed that over 122,000 Australian's were estimated to be experiencing homelessness on Census night, compared to 116,000 in 2016. However, it is expected that the 2021 figure of over 122,000 is an underestimate.

School Sleepouts involve students and teachers sleeping overnight at their school, we recommend sleeping outside to get the full experience. Students can build shelters with cardboard and have a low budget dinner; some schools also choose to invite a Vinnies staff member or volunteer to do a presentation and run activities within the theme of homelessness and or watch a movie. How the night is run is up to staff and the student leadership team, our School Engagement Team is also happy to support you in organizing the night.

Primary schools that would like to participate can hold an evening event including the activities mentioned above without sleeping at the school overnight. By staying at school in the evening students can still have the opportunity to experience the cold and better understand what it may be like to be sleeping rough.





Interested in volunteering?

Read below to see if you are eligible to volunteer, you can find more details online or make an enquiry by contacting our Volunteer Services Officer via email: volunteer.cg@vinnies.org.au

Vinnies Centres

14 + years old

Current Working with Vulnerable Peoples Card (or your state equivalent)

St Joes Youth Program

17 + years old

Current Working with Vulnerable Peoples Card

Night Patrol

17 + years old

Current Working with Vulnerable Peoples Card

St Nicks and VINES Youth Program

20 + years old

Current Working with Vulnerable Peoples Card

St Nicks Teens Youth Program

21 + years old

Current Working with Vulnerable Peoples Card

Contact Us:

Our Email Address

Schools Engagement Team

E schools.cg@vinnies.org.au

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Teah Searle

Youth Liaison Officer (School Engagement)

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Emergency Assistance

P (02) 6282 2722

PO Box 51, Deakin West 2600

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E info@vinnies.org.au

W vinnies.org.au

ACKNOWLEDGEMENT OF COUNTRY

We acknowledge Aboriginal and Torres Strait Islander peoples, as the Traditional Custodians of this land, with deep respect. May Elders, past, present and emerging, be blessed and honoured. May we join together and build a future based on compassion, justice, hope, faith, and reconciliation.

Excerpt of 'Caring of others'
by Budda Connors,
proud Ngunnawal/Ngambri man